



# Newsletter

## Whole School Year Attendance – 95.9%

Dear Parent/Carers,

We are looking forward to welcoming to our Spring Parent Evenings next week. This is always a valuable opportunity to talk about your child's progress and celebrate their learning together.

During the evenings, our updated school lunch menu will be available for tasting in the school hall, giving parents the opportunity to sample some of the meals that are offered to the children.

On Tuesday 17th March, there will also be an additional provider in the small hall offering advice on healthy packed lunches and general healthy eating guidance for families.

As part of our ongoing monitoring and school improvement work, we will also be inviting parents to complete a short questionnaire in the classrooms during your visit. Your feedback is extremely valuable and helps us continue to develop and improve the school.

Next Friday is Comic Relief. Children are invited to come to school wearing something red to help us mark the occasion and support this important charity.

Please also take a moment to look at page 3 of the newsletter, where you will find our Spring 2 Online Safety Tips for Parents, focusing on "What is in-app chat?" and how to support children in staying safe online.

Warm regards,  
Felicity Sinclair  
Acting Headteacher

### Changes to School Lunch Preferences

Lunch ingredients are planned and ordered in advance based on the number of children having school meals. If you would like to change your child from a school lunch to a packed lunch, or from a packed lunch to a school lunch, the change will take effect from the **Monday of the following week** after we are informed. Please email the school office by **Friday** if you would like the change to begin the following week. Thank you.

### Medical / Dentist Appointments

If your child has a medical or dental appointment during the school day, please follow the steps below:

1. Take a screenshot or photo of the appointment confirmation (text message, letter, card, etc.).
2. Email this to [office@fhi.hounslow.sch.uk](mailto:office@fhi.hounslow.sch.uk), including your child's **name, class, appointment date, and the time you will collect them from school.**

Please note that you will **not receive a reply**, but the information will be recorded. Thank you.

### Dates For Your Diary

#### March

**Tues 17th** — Parents Evening

**Wed 18th** — Parents Evening

**Fri 20th** — Comic Relief—**Wear Red**

**Tues 24th**—**FHI Coffee Morning**—**All welcome**  
Dentist visitor to Year 1

**Wed 25th**—Bake Sale—after school (details to follow)

**Fri 27th** — Last Day of Term School Closes 1.30pm  
(No Wraparound Afterschool)

#### Easter Holiday

**Monday 30th March—Friday 10th April**

#### April

**Mon 13th**—**Summer Term starts for all pupils**

**Tues 14th**—**FHI Coffee Morning**—**All welcome**

**Wed 15th**—Reception Bocketts Farm Trip Zebra & Elephant

**Thur 16th**—Reception Bocketts Farm Trip Lion & Giraffe

**Tues 21st**—Year 1 visit to St Dunstons Church

**Wed 29th**—**FHI Coffee Morning**—**All welcome**

**Thur 30th**—Year 2 Nower Wood Trip (Details to follow)

**Attendance: Congratulations to Rocket Class (100.0%) and Sage class (98.6%). They can wear their own clothes on Friday 27th March.**

### Thank You

You purchased an amazing **£1,404.86** worth of books at the Book Fair last week.



This means **Feltham Hill has earned £772.67 in commission** to spend on new books for the children.

As always, thank you to everyone for your continued support.

### Needed

Nursery are looking for resources to enhance their home corner. They would be grateful if any of the following could be donated:



- Dresses/shirts (age 6+)
- Hats
- Scarves
- Old 2025 calendars/diaries
- Kettles
- Pots and pans
- Baby clothes (for dressing large dolls)

Please hand any items into the Office or the Nursery. Thank you.

### School Trips/Activities

If you have not already done so, please remember to login to your ParentPay account to pay for any school trips or activities your child will be doing this term.

**Reception — Bocketts Farm Trip**

<https://www.parentpay.com/>



## Attendance Focus

“At Feltham Hill, our vision and ethos is about developing the whole child. A key part of this is helping children feel safe, settled and ready to learn – and that starts with being in school, on time, every day.

We want every pupil to attend regularly and arrive punctually. Children who attend well are more likely to feel happy and confident, build strong friendships and make the progress they are capable of. “

 Reception	 Year 1	 Year 2	 Good	 Average	 Must Improve
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### Attendance & Lates For Week Ending 06.03.26

	Class	%	Lates
2	Rocket Class	100.0	1
2	Sage Class	98.6	3
1	Hedgehog Class	98.5	2
R	Zebra Class	98.3	5
R	Lion Class	97.3	3
1	Owl Class	97.0	1
2	Rosemary Class	96.7	1
R	Giraffe Class	96.6	4
1	Squirrel Class	95.4	2
1	Badger Class	94.0	4
2	Lavender Class	93.7	4
R	Elephant Class	82.3	1

### Attendance and Lates League Table For Spring Term

	Class	%	Lates
2	Rosemary Class	96.4	35
R	Lion Class	96.2	33
2	Sage Class	95.8	33
2	Lavender Class	95.6	16
2	Rocket Class	95.3	27
R	Giraffe Class	94.9	50
1	Owl Class	94.4	39
R	Zebra Class	94.2	51
1	Hedgehog Class	94.0	44
1	Squirrel Class	92.9	25
1	Badger Class	91.3	29
R	Elephant Class	86.9	33

## Polite Reminder – Parking

At drop-off and pick-up times please be considerate to other residents and our school rules.



- Please don't park across residents driveways
- Please don't attempt to use the school car park
- Please don't park across or block the school gates

Thank you for your cooperation and for helping us keep children safe.

## Illness & Attendance Update

As part of our ongoing work to tighten attendance procedures and keep our school community safe, we are making a small but important change to our illness guidance.

Previously, children were asked to remain at home for 24 hours after vomiting. **Following NHS guidance, this has now changed to 48 hours.**

If your child has **vomiting or diarrhoea**, they must not attend school and should only return **48 hours after the last episode**. If a child becomes unwell during the school day because of either of these, parents/carers will be contacted to collect them, and the 48-hour period will begin from that time.

Absences due to illness will continue to be recorded as authorised. This change helps reduce the spread of infection and supports good attendance by keeping children well in school.

## Online Safety Corner – Spring 2

### What Is In-App Chat? Why It's Risky for Ages 3–7

Many games and apps let players **chat or message each other** while playing. But for young children, this can be unsafe.

### What is in-app chat?

- Text messages, voice chat, or emojis exchanged between players in real-time
- Can happen in games like **Roblox, Minecraft (online), or Among Us**

### Risks for young children:

- Children may talk to **strangers**, who may not be trustworthy
- Chat messages can include **inappropriate language** or scary topics
- Young children may **not understand** that strangers online can be dangerous
- Some chats may be **unmoderated** or poorly monitored

### How to protect your child:

- Choose games/apps with **chat turned off** or no chat feature (e.g., **Sago Mini, CBeebies apps**)
- Use parental controls to **disable chat** when possible
- Play together and explain why it's important **not to share personal information**
- Encourage children to tell an adult if someone says something upsetting.

FHI Breakfast and Afterschool  
Wraparound Care Services  
[www.fhi.hounslow.sch.uk/wraparound](http://www.fhi.hounslow.sch.uk/wraparound)

# Feltham Hill Infant and Nursery School - Holidays 2025/2026

SEPTEMBER 2025

M	T	W	Th	F	Sa	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2025

M	T	W	Th	F	Sa	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2025

M	T	W	Th	F	Sa	S
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DECEMBER 2025

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29	30	31				

JANUARY 2026

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FEBRUARY 2026

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23	24	25	26	27	28	

MARCH 2026

M	T	W	Th	F	Sa	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2026

M	T	W	Th	F	Sa	S
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20	21	22	23	24	25	26
27	28	29	30			

MAY 2026

M	T	W	Th	F	Sa	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2026

M	T	W	Th	F	Sa	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JULY 2026

M	T	W	Th	F	Sa	S
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20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST 2026

M	T	W	Th	F	Sa	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Inset Day (School Closed) School Holidays Bank holidays Weekends 1 1.30pm finish - no afternoon nursery



## Nutrition and Hydration Week: 16<sup>th</sup> – 22<sup>nd</sup> March 2026



### Food Groups

Include foods from all the groups in your diet.

Carbohydrates, fruits and vegetables should be the largest proportion of your meals followed by protein, dairy and a small amount of fats.

Limit processed and snacks with high sugar content

### Portions

You can estimate an appropriate portion size for yourself by using your hand.

Adult hand = Adult portions

Child hand = Child portion



Around 60% of the body is made up from water – Aim to have 6-8 cups a day or 1-1.5 litres

<https://www.nhs.uk/healthier-families/food-facts/>

<https://www.nhs.uk/live-well/eat-well/>

<https://www.nhs.uk/healthier-families/food-facts/nhs-food-scanner-app/>

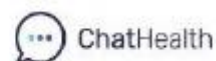


11-19 years old? Young people in Hounslow can text a School Nurse on **07507 333 176** for confidential advice and support.



Receive an answer within one working day from a qualified School Nurse  
(Monday to Friday 9.00am-4.30pm)

Parents and carers in Hounslow can text a School Nurse on **07312 263 080** for confidential advice and support for their child or teenager.



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**"A happy mouth is a happy body"**

**World Oral Health Day - 20 March 2026**

#### **Toothbrushing tips**

- Anyone over 3 years old should use a pea-sized amount of toothpaste
- Use a toothpaste containing 1450ppm fluoride for maximum prevention. The amount of fluoride will be stated on the box or tube of the toothpaste
- Brush all the surfaces of the teeth and gum line in small circles for 2 minutes, twice a day - just before bed and at another time of the day
- Spit out the toothpaste and do not rinse

#### **Visiting the dentist tips**

- Children should have regular check-ups at least once a year
- NHS dental treatment is free for children under 18 or under 19 and in qualifying full-time education
- Going to the dentist regularly helps your child become familiar with the dental practice, and enables the dentist to notice on any problems as early as possible

#### **Diet tips**

- Reduce the amount and frequency of having foods and drinks that contain sugar, only give sweet foods at mealtimes
- Squash, fizzy drinks and sugary soft drinks have no place in a child's daily diet
- Limit the amount of fruit juice and/or smoothies your child drinks to a maximum of 150 mls (one portion) in total per day and drink it with meals to reduce the risk of tooth decay

#### **Useful links:**

[British Society of Paediatric Dentistry \(BSPD\) > Kidsvids](#)

[Take care of your teeth and gums - NHS](#)

[Find a dentist - NHS](#)

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