



Newsletter



Whole School Attendance Last Week – 93.2%



Dear Parents/Carers,

It was lovely to see so many parents at our parents meetings this week. We had positive comments about our school meals, thanks to Roberto our Chef Manager for cooking for parents and staff on both evenings and thanks to all the staff for their hard work at these parents' meetings.

This week Year 1 and Year 2 have been learning about how to stay safe on-line, as part of Safer Internet Day. They had an assembly and also made posters about keeping safe.

Reception have made Chinese lanterns and cards in celebration of Chinese new year whilst the nursery have been practising using chopsticks. The Centre have been working on their gymnastics and doing backward rolls and balancing.

Please remember that next week is half term and the school is closed. Children are to return on Monday 19th February.

Best wishes,
Angela White | Headteacher



The attendance bears are awarded to the classes with the highest collective attendance.
Congratulations to the children in Badger class (97.0%) and Lavender class (96.7%)
They won the bears last week and can wear their own clothes on Friday 23rd February.

SPRING Dates For Your Diary SPRING

February

Half Term Holiday
Monday 12th – Friday 16th February
School Closed

March

Tues 5th – Book Fair
Wed 6th – Year 2 Art Day
Thur 7th – World Book Day
Thur 7th – SEN Social Skills Workshop
Fri 8th – Book Fair
Tues 12th – Year 1 Visiting St Dunstan's Church
Thur 14th – Year 1 Visiting St Dunstan's Church
Wed 20th – Feltham Police Assembly Year 1 & Year 2
w/c 11th – Last Week Of After School Clubs

Spare Uniform and Donations

If your child was given spare clothes after they had an accident please can we ask that you wash and return them. Also, if anyone has any clean children's socks and pants that they would like to donate please hand them into the office. Thank you

Change of Address/Email/Phone number

If you change your contact details please inform the office so that we can update our records. You can email -
office@fhi.hounslow.sch.uk



The Department of Education (DFE) are keen for schools to promote the benefits of good attendance and support parents where necessary. They are launching a 'moments matter, attendance counts' campaign to prevent odd days of absence or 'avoidable absence'. Remember that just one day missed can make the next day more difficult for children to catch up. If you are unsure whether to keep your child off school, please check with Ms Sargeant who can advise.



Quietest Lunch Table Winners

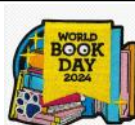
Rec – Table 2 – Elephant Class
Year 1 – Table 2 – Badger Class
Year 2 – Table 8 – Sage Class

Well done, you will have a trophy on your table next week!



World Book Day

To help celebrate the children's love of reading. We would like them to come to school dressed as a story book character on **Thursday 7th March**



No princess, superhero or football costumes please, as the children often wear these and we would like them to wear something different for this day.

Supermarkets stock a variety of costumes or you can make one yourself. There are many ideas on the internet – here are just a few:



There will be lots of book related activities happening on the day and the staff will be dressing up too.

If you would like any help with ideas for your child's costume please don't hesitate to ask.



London Borough of Hounslow

Armed Forces Community Café

A Café for all arms of His Majesty's Armed Forces.

A Community Café providing friendship, chat and support for all serving and ex-Armed Forces members living in or connected to the London Borough of Hounslow meeting regularly in safe, social, informal settings across Hounslow.

Upcoming Café dates and details:

Venue: Southville Community Centre, Southville Rd,
Feltham, TW14 8AP

Next dates: 9 February 2024 and 23 February 2024,
10am - 12pm

Venue: Isleworth Royal British Legion, 5-6 North St,
Isleworth, TW7 6BT

6pm - 8pm - 13th February 2024
10am - 12pm - 24th February 2024

Venue: Chiswick House and Gardens, Burlington Ln, Chiswick,
London W4 2RP (behind the kitchen gardens)

2pm - 4pm - 6 March 2024

All serving and ex-Armed Force members living in or connected to the London Borough of Hounslow are welcome to join us.

**To help with catering please let us know you are coming by emailing:
Community.Cohesion@Hounslow.gov.uk**



Children's Mental Health Week

February 5th – 11th 2024



This year's theme is 'My Voice Matters' and aims to empower young people to use their voice, share what matters to them, and encourage those around them to hear them.

Evidence shows that empowering children and young people can have a positive impact on their health and wellbeing. For example, children and young people who feel that their voices are heard - and that what they say makes a difference - have higher levels of self-efficacy and self-esteem.

DO YOU SOMETIMES WORRY ABOUT HOW YOU ARE FEELING?

If so, read on!



Here are some brilliant tips from children just like you*. These children have also had ups and downs with their mental health and want to pass on some ideas that have helped them:

- Ask for help – from a teacher, parent, brother, sister, or other family member. Keep telling until someone listens to you.
- Remember you are not alone – everyone goes through tough times. Be kind to yourself – everyone is perfect in their own way.
- Stay calm – take some breaths or find somewhere to sit quietly for 2 minutes.
- Go outside and get some exercise to make yourself feel stronger.
- Spend time with your family and friends (or pets).
- It's okay to not always be okay.
- Think of your favourite thing and write it down.
- Keep a diary to track all your emotions.
- Stay positive and focus on things that make you happy. If you can't think of anything, maybe a friend can help you.
- Remember you are enough, and you are the only you.
- If you are being bullied, maybe the bully is being bullied or has something going on at home and they're taking it out on someone else. Tell an adult or trusted friend. |



www.childrensmentalhealthweek.org.uk

www.youngminds.org.uk

www.nhs.uk/mental-health/children-and-young-adults/mental-health-support/

www.healthforteens.co.uk

www.healthforkids.co.uk



Oak Hill Academy West London
an Aspirations Academy

**FEBRUARY
HALF-TERM**

**OFSTED
REGISTERED!**

This venue is registered
with Ofsted and can accept
Childcare Vouchers and
Tax-Free Childcare as a
payment method

PREMIER HOLIDAY CAMPS



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Trustpilot



Based on over 20,000 reviews

YOUR NEAREST MULTI-ACTIVITY CAMP...

Venue: Oak Hill Academy, TW13 4QP

Dates: Monday 12th to Friday 16th of February 2024

Times: Full day; 9am to 3pm | Extended day; 9am to 5.30pm

Price: From £29.99 per day. 10% Discount for full weeks bookings.

Ages: Ages 4 to 12

Additional info: We accept tax free childcare payments

Mix it up this half-term with our multi-activity holiday camps!

These camps are a perfect blend of activities for all ages, combining different sports with a variety of team games.

Every day is different, with a mix of fun activities that children may not have tried before – from roller skating to fencing, lacrosse to cheer.

Book now for a half-term full of fun!

CAMPS ARE BETTER WITH FRIENDS!



**TREAT YOUR FRIENDS
TO 20% OFF ... AND GET
20% OFF TOO!**

*Ts&Cs apply. Refer a Friend discount on new bookings only.

PLEASE BRING

A packed lunch
Plenty of water
Suitable clothing
Loads of energy!



Based on over 20,000 reviews