Autumn 2025 – Spring 2026
November, December, January, February, March

Week 1	Meat-free Monday	Tuesday	Children's Choice Wednesday	Thursday	Friday
Meal Option 1	Jacket Potato with Vegetarian Chili Con Carne and Cheese	Aubergine Parmigiana with Spaghetti	Meatloaf with Potato Wedges and Gravy	Chicken Tikka with Rice	Chicken Schnitzel and Chips
Meal Option 2 - Vegetarian	Jacket Potato with Vegetarian Chili Con Carne and Cheese	Aubergine Parmigiana with Spaghetti	Bean and Lentil Loaf with Potato Wedges and Gravy	Vegetable and Quorn Tikka with Rice	Vegetable Burger and Chips
Vegetables & Salad	Steamed Green Beans	Steamed Mixed Vegetables	Cucumber & Mozzarella Salad	Roast Cauliflower	Steamed Green Peas
Main Dessert	Fruit Jelly	Berry Cake and Custard	Melon Slices	Strawberry Mousse	Fruit Salad and cream
2nd Dessert	Apples	Bananas	Apples	Pineapple	Fruit of the Day
Weeks beginning: - *3rd November, 24th November, 15th December, 12th January, 2nd February, 2nd March, 23rd March*					

Available each day – fresh bread, fresh fruit, filtered water

*Menu subject to change due to availability from suppliers

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Week 2	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Meal Option 1	Tomato and Lentil Pasta Bake	Chicken and Chickpea Tagine with Bulgar Wheat	Roast Chicken with Roast Potatoes and Gravy	Roasted Vegetable Lasagne	Quorn Sausages and Chips
Meal Option 2 -Vegetarian	Tomato and Lentil Pasta Bake	Vegetable and Chickpea Tagine with Bulgar Wheat	Roast Butternut Squash with Roast Potatoes and Gravy	Roasted Vegetable Lasagne	Quorn Sausages and Chips
Vegetables & Salad	Steamed Peas	Steamed Sweetcorn	Steamed Broccoli	Carrot Sticks and Hummus	Baked Beans
Main Dessert	Oranges and Peaches	Chocolate and pear cake with custard	Orange Jelly with Cream	Rice Pudding with Raisins	Strawberry Mousse
2nd Dessert	Apples	Bananas	Bananas	Pears	Fruit of the Day
Weeks beginning: *10th November, 1st December, 19th January, 9th February, 9th March*					

Available each day – fresh bread, fresh fruit, filtered water

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Autumn 2025 – Spring 2026
November, December, January, February, March

Week 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Meal Option 1	Tomato & Basil Pizza	Chicken and Lentil Stew with Rice	Lamb Bolognaise served with Pasta	Macaroni Cheese	Fish Fingers and Chips
Meal Option 2 -Vegetarian	Tomato & Basil Pizza	Quorn and Lentil Stew with Rice	Vegan Bolognaise served with Pasta	Macaroni Cheese	Quorn Nuggets and Chips
Vegetables & Salad	Steamed Peas	Steamed Carrots	5 Bean Salad	Tomato & Cucumber Salad	Steamed Mixed Vegetables
Main Dessert	Strawberry Yoghurt	Carrot and Orange Cake with Custard	Apple Crumble with Cream	Vanilla Ice Cream with Mango Coulis	Strawberry Jelly with Cream
2nd Dessert	Bananas	Apples	Melon	Pineapple	Fruit of the Day
Weeks beginning: *17th November, 8th December, 5th January, 26th January, 23rd February, 16th March*					

Available each day – fresh bread, fresh fruit, filtered water

*Menu subject to change due to availability from suppliers